

# Monthly Newsletter

CAVELL MANOR  
JANUARY 2026 \*

Happy New Year everyone

What a busy year 2025 was here at Cavell manor  
I would like to thank you all for your beautiful gifts to  
the staff and myself over Christmas

We are always grateful for your continuing support  
and may it continue into 2026

Kay xx

What a year 2025 was! From a fabulous day at the Cavell Horse Races to sailing along the Deben, enjoying ice creams on the beautifully warm Felixstowe promenade, and introducing Cavell's Cocktails at Tipsy Tuesday, we shared so many memorable moments. Along with countless other fun-filled days, the highlight of the year was the joy we shared together, laughing, dancing, singing, and making wonderful memories every step of the way.

2026 is shaping up to be an incredible year! We have so many exciting plans ahead, fantastic days out, brilliant trips, and a variety of professional entertainers coming to Cavell... and that's just the beginning!

To make sure you don't miss a thing, the best way to stay up to date with everything that's happening is to check our notice board, located just to the right of the lift on the ground floor. There's always something new to look forward to!

January Birthday Star's

Lisa H

Mary E

Brenda D

Gillian O

Rosemary S



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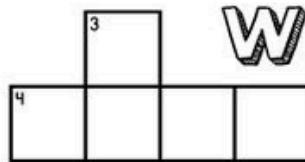
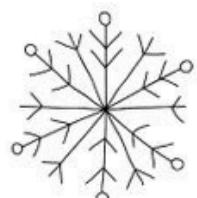
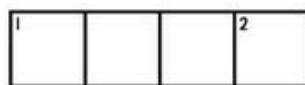
## Riddle me this...

Answers at the bottom of the page

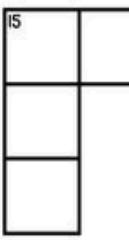
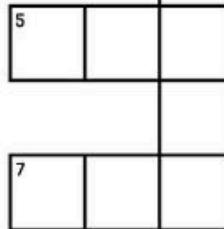
**The Timeless Traveller:** What can travel around the world while staying in the same corner?

**The Silent Speaker:** I speak without a mouth and hear without ears. I have no body, but I come alive with the wind. What am I?

**The Living Paradox:** I am tall when I'm young, and I'm short when I'm old. What am I?



# WINTER



### ACROSS

1. soft, white pieces of frozen water that falls to the ground
4. opposite of hot
5. to move on snow with long narrow strips attached to the feet
6. footwear in the winter
7. Dress warm so you don't \_\_\_\_.
12. children like to throw one of these
13. "The snow is 2 feet \_\_\_\_."
14. the coldest season of the year
15. frozen water
16. "We like to go \_\_\_\_ on the pond in the winter."
2. the color of fresh snow
3. a piece of clothing worn to keep warm
6. "The temperature fell \_\_\_\_ zero last night."
8. a covering to keep the head warm
9. an outdoor winter toy for kids to slide down snowy hills
10. Be careful not to \_\_\_\_ and fall on the ice.
11. special shoes for ice
12. a model of a person made with snow
15. In the winter, the roads can be \_\_\_\_.

### DOWN

